

# COMPETITION REGULATION

## SEMI KEMPO

### CHALLENGE ⚡ CUP 2023



## Grand Champion

## SEMI KEMPO – Grand Champion

---

Male + Female	
Age Bracket	Weight Categories (Kg)
+ 18 years	Open weight

### Regulation:

The Grand Champion is the fight that aims to elect the best fighter of the event.

The winner of the Open event of the current year (2023) is qualified to go compete for the title of best fighter (Grand Champion) against the winner of the Open of the previous year's edition (2022), in this sense the following athletes can not register in the Open event, since they are already automatically qualified for the Grand Champion title.

#### Previous Edition Winners (2022):

- Marco Carvalho (Piranha Warriors Factory) – category 21+ years Male
- André Prior (Associação de Artes Marciais de Aveiro) - category 18/21 years old Male
- Beatriz Matos (Piranha Warriors Factory)) - category 18/21 years Female



## Semi Kempo: Competition Rules Grand Champion

Since in the first edition of the Semi Kempo Challenge Cup the age categories were separated into 18/21 years and 21+ years, the athletes Marco Carvalho and André Prior will first compete for a place in the Grand Champion that from now on will be only 18+ years.

### **Duration of the Test:**

The fight lasts 3 minutes, only with 1 round.

In case the fight is in a situation of tie at the end of the match, it will be decided by golden point by unanimity of the referees, that is, the point will only be awarded if it is scored by the 3 referees.

### **Mandatory Protective Equipment:**

Athletes must wear belts with different colors (Blue and Red), depending on the corner assigned.

#### **Head:**

Use of nozzle for all levels.

It is mandatory in all levels to wear an open helmet, with protection on the top of the head, and it is forbidden to wear training helmets that protect the malar bone.

#### **Trunk:**

Mandatory chest protection for female competitors from the age of 15.



## Semi Kempo: Competition Rules Grand Champion

Female and Male genital protection mandatory at all levels.

### **Members:**

Boxing gloves or open gloves with your fingers fully protected

- 8/10 ounce gloves in the 8/10 year old class;

-10-ounce gloves from the age of 11 inclusive.

Sock shin guards, without any kind of rigid parts, which should protect from below the knee to the top of the foot.

Boot with heel protection, with the sole of the foot open, all in a single piece.

### **Allowed Techniques:**

#### **Head:**

- Fist techniques:

Direct; Hook; Reverse

- Leg techniques:

Circular; Semi-hook; Exterior; Rotary

#### **Trunk:**

- Fist techniques:



## Semi Kempo: Competition Rules Grand Champion

Direct; Hook; Uppercuts; Reverse

○ Leg techniques:

Circular; Semi-hook; Frontal; Lateral; Back; Descendant; Exterior; Rotating

### Members:

Sweeps to the front leg, from the ankle down.

### **Forbidden Techniques and Fouls:**

- Any kind of blow to the genital area
- Blows intended to blind the opponent
- Striking the neck, throat or spine
- Knees, elbows and headbutts
- Bite/Grab or design
- Attack the opponent when he is still on the ground
- Arm rotaries
- Leg techniques performed with the heel

### **Scores:**



## Semi Kempo: Competition Rules Grand Champion

Technically well-executed punches to the torso and head	One (1) Point
Punches in heels	Two (2) Points
Kicks to the torso	One (1) Point
Technically well-executed sweeps	One (1) Point
Kicks to the head	Two (2) Points
Kicks to the torso in heel	Two (2) Points
Kicks to the head in heels	Three (3) Points

**Equipment:**

